



Photographer: Jason Ma (Hong Kong)

Katie Duck

# *PAUSE, FLOW OR EXIT*

*workshop for dancers*

**25th to 29th of june 2018**

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LIEU: RE.SOURCES

*Valcivières - Auvergne - France*





**KATIE DUCK** has been teaching since she began to perform professionally in the mid 70's. She is dedicated to how process and research play a major role in how one can continue to be artistic in how they approach their life and their work.

She has had the possibility to create material for her workshops out of a wide range of practices in the performance arts. She has never formulated her teaching material into a frozen body of knowledge. She does not believe that the accumulation of knowledge is how one becomes a teacher. She believes that It is out of her practice and the practice she witnesses with a student that all knowledge becomes clarified in the lessons she leading.

Now in her 60's, Katie has been teaching workshops internationally and in prestigious University systems for over 35 years. Her enthusiasm for a young artists to be able to initiate their practice is evident in how she has continued to stay connected with new technologies, new research in the physical sciences, economic and political issues, in relationship with the performing arts and music fields.

In the way she communicates with students, one is aware of how she understands that the professional field of the arts has altered drastically in comparison to when she began her practice in the mid 70's. As part of her teaching, she encourages young artists to devise strategies that allow for them to sustain the production of their work with creativity and research involved and yet survive.

She continues to take risks with her own career in the support of young artists. Giving them the possibility to experiment within her own practice.





Photographer: Dudude Maria (Brazil)

## *WORKSHOP FOR DANCERS*

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I have developed a manifesto in how I conduct research, rehearsal processes, and workshops towards performances based on my background working with live musicians beginning since the mid 70's and my obsession to write and then voice text in a mix with my dance, theater and physical theater backgrounds. Over the past 15 years, I have integrated developmental brain studies as a part of how I teach movement research and how I work with live public. Public, in my performances, are witnesses and the main provider for how the piece is perceived.

In my workshops I take a microscopic view on the part that improvisation plays in a composition creative process. I guide the dancers and performers through physical exercises that highlight how the eyes and ears affect movement choices and developmental brain studies about “why we learn to walk”. I extend the workshop toward improvisation sessions by setting a fictional front in the studio space and then declaring this as a platform to choose pause, flow or exit. This platform highlights how the limit of these three choices can already provide the frame for a composition to take place, and that misunderstanding, coincidence, live time, interactivity, messiness, emotions, intuition and inspiration are basic materials in a creative process. These raw materials are integrated with the combined



Photographer: Jan Dijkstra (Netherlands)

fact that everyone in the workshop group can make a choice. The improvisation sessions are given a delegated time frame with an option for the workshop group to shift, drop or lift the space at will.

This shifting, dropping and lifting of the performance space places each individual in a position where they need to be to be fully awake or they will lose the thread of the creative composition activity in play. Choice is introduced to the workshop group as a composition reality but also as a means for individuals to elect to participate in the performative or as a viewer and yet remain involved in the process. The aim is to gather the workshop group to recognize that in a creative composition process, time is passing at different perceived speeds and that space is shifting in several dimensions at once. This awake fullness promotes individual performance presence and composition alertness.

## LINKS:

<http://katieduck.com/>

-Katie textes: <http://katieduck.com/about-katie-duck/text/>

-CAGE (20014 to now - a solo with an invitation for female artists for international collaborations) short promo - 2 collaborations  
<https://vimeo.com/188451282>

-Abandon Human (2016 to now - duet with Sharon Smith UK performance artists based in Berlin with Gob Squad)  
<https://vimeo.com/223942624>



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## *PRACTICAL INFOS*

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**Dates:** Workshop will happen from 25th to 29th of June, 5 days of practice.  
Arrival the 24th end of the afternoon, departure the morning of the 30th.

**The studio:** Re.sources, a renovated barn in a mountainous context, 160 m<sup>2</sup> of wooden floor.  
The place is a little above the village on the road to pass of the Supeyres, at 15' from the town of Ambert, 75 km from Clermont Ferrand, Saint-Etienne and Puy en Velay, 130 km from Lyon.

**Housing:** At 10' by feet from the studio, the cottage La Cheveyre propose rooms for 3 to 5 people with shower. It's the cheaper and closest housing from the studio. Since then there's other possibilities of lodging in the village like the auberge, you'll have to register by yourself, you can contact us for further infos and contact.

**Workshop price:** 250 euros including 10 euros for membership of Mu association.

**Meal, cooking:** We usually cook together in the big kitchen of the cottage. Experience shows that a budget for food for a week is around 50 euros for each person.

**Transportation:** There is an airport in Clermont Ferrand, as well in Lyon, then you can reach the place by train and bus. From the train station in Clermont or Vichy you can take a bus to Ambert. We'll pick people up in Ambert's bus Station. We send the list of participants contact before the WS to facilitate car sharing.

**Divers:** We suggest you to take warm clothes and good shoes to feel ok in the trail and to walk around in the mountainous landscape.

**Registration:** Thanks to send us back the registration form below before 30th of May. Your place is registered since you pay a deposit. Mû will not refund deposit after the 1st of June, before that any cancellation will be refund minus 30% of the deposit.

**Contact:** Tel France: +33 (0)9 52 29 57 66 mobile +33 (0)6 09 36 46 88  
Email: [pied.mu@gmail.com](mailto:pied.mu@gmail.com)

### **Organisation - Location:**

Mû association - Re.sources / Lieu dit La Moronie - 63600 Valcivières (FR)

## REGISTRATION FORM

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*Please, send us back the following infos, by post or email (copy / past)*

Name.....

Adress.....

Tel.....

Email.....

### **I confirm my participation to the Katie workshop of june 2018, and:**

O - I pay 250 euros on the bank account of Mû (infos below)

or

O - I pay now a deposit of 100 euros as reservation and I'll pay the balance (150 euros) before the 15th of June.

### **Bank numbers for European transfer:**

Association Mû

Credicoop Chamalières

IBAN: FR76 4255 9000 9541 0200 2969 317

Code BIC: CCOPFRPPXXX

### **Reservation «La Cheveyre» group cottage**

### **O I want to reserve a place at the cottage**

*- Price per night: 14 euros + 0,35 euros (86,10 euros for the 6 nights)*

**You'll pay directly the day of your arrival to the owner Jean Paul Mullié. Please, remember to have the cash with you (no credit card)**

### **Contact:**

Jean Paul et Odile Mullié

Gîte La Cheveyre

Le Bourg

63600 Valcivières

PHONE: 0033 (0)4 73 82 31 92

MAIL: mullie.jeanpaul@orange.fr